

City of Rockville
Department of Recreation and Parks

**MIGHTY MITES YOUTH BASKETBALL
GRADES K-1 LEAGUE RULES
2011-2012**

This league emphasizes learning, developing basic skills and having fun! Mighty Mites Basketball will combine girls and boys in grades K-1 into one co-rec league. The season will consist of three Saturday practices held on December 3, 10, and 17, 2011 at Twinbrook Community Recreation Center. Games will be held on Saturday's from January 7 - February 18, 2011 at College Gardens Elementary School. Each team is guaranteed 6 games. The dates above include 1 make-up date. Games will be played on half courts with modified baskets, 8 feet 6 inches. Volunteer coaches will run team practices and serve as coach during games. There will be one official per game. Please do not keep score or standings for your team but encourage each player to have fun.

LEAGUE RULES:

1. Co-Rec league for girls and boys in grades K-1.
2. Kindergarten and first grade boys and girls will play on half courts with one official. If there are only 8 players present at a game, play 4 on 4. Otherwise, all games will be played 5 v 5.
3. Games will consist of 4 – eight minute quarters. Time stops on foul shots and time outs. The game official will keep track of time. Teams may have two (2) one minute time-outs per game.
4. Each player must play 2 quarters from start to finish. It is recommended that each player play 1 quarter in the first half and 1 quarter in the second half. There should not be more than 12 players on a team. If you have less than 10 players on a team, please rotate the playing time each week so that everyone gets an equal opportunity. If a team has 12 players, please rotate players as equally as possible. For example: with 12 players at a game, 2 players will play a few minutes less than half the game. The next week, 2 different players should play less than half the game, and so on. No child should play every quarter every game. The goal is to have equal playing time for all players.
5. Use a foul line approximately 2 feet in front of the regulation foul line.
6. There are no back court violations.
7. Once the offensive team gets the ball over the mid-court line, the offense must make 3 passes prior to shooting the ball.

8. No pressing or double-teaming. Man-to-man defense is mandatory once the ball crosses into the offensive front court. A player lineup is suggested at the beginning of each quarter to assign each player a “man” to cover. Man-to-man defense is mandatory because it will develop the player’s basic basketball skills prior to learning zone defense.
9. There are no 3 point shots.
10. Scores will not be kept. No overtime periods.
11. Game ball: junior size. Baskets will be 8 feet, 6 inches.
12. Players shall be assigned officially on the roster of only one (1) team in the league.
13. General League Administration: Team roster and Fees
 1. Each coach must submit a department issued team roster including players’ names, addresses, telephone numbers, birth dates and uniform numbers.
 2. Teams should have team rosters and *Agreement to Participate/Release forms* submitted to Recreation Department prior to 5 p.m.; Tuesday, December 20.
 3. Any team not turning in above forms by the first games (January 7) will not be allowed to participate.
 4. Mighty Mites K-1 league will have three Saturday practices at Twinbrook Community Recreation Center on December. 3, 10, and 17. Coaches will determine the time of their practice.
14. RELAX, BE COOL AND HAVE FUN.